New York Center for Child Development
Formerly Manhattan Center for Early Learning
Committed to Excellence in the Education and Treatment of Children with Special Needs and Their Families

Early Childhood Mental Health Consultation and Treatment Program of the New York Center for Child Development
Evelyn Blanck, LCSW, Project Director; Gilbert M. Foley, Ed.D., Consulting Clinical Director; Beth Kastner, PsyD, MPH, Staff Psychologist; Serena Wieder, PhD, DIR® Consultant

PROGRAM OBJECTIVES
- To improve the ability of early childhood providers to prevent, identify and treat social-emotional and behavioral problems in children under five and their caregivers.
- To coordinate mental health treatment across systems through referral and collaboration.
- To demonstrate DIR® as a model of assessment and intervention.
- To increase awareness of the impact of infant/early childhood mental health on development and early learning.
- To provide consultation and training to primary care, preventive services and daycare agencies to implement DIR® principles and practice.
- To screen children under five using the Ages and Stages Social-Emotional Questionnaire in a community setting.

FUNDING
- A competitive grant from the New York City Department of Health and Mental Hygiene awarded to New York Center for Child Development to develop and implement a model demonstration project to serve children 5 and under in East and Central Harlem.

DIR® SERVICES TO CHILDREN AND FAMILIES
- To identify children at-risk for social emotional delays.
- To provide DIR® treatment to caregiver-child dyads both in the home and center.
- To provide relationship-based services to families with multiple stressors.

TRAININGS PROVIDED
- Provided 44 trainings on social-emotional health of young children and DIR® principles.
- Provided training to 786 participants.

WHAT PROFESSIONALS AND PARENTS ARE SAYING ABOUT OUR PROGRAM
"I have learned a lot about myself, how to be a mom and how to control myself before I mistreat my child."
- Mother, Participant in DIR® Treatment
"Working with skilled childhood specialists as a team has enhanced our staff’s skills and has allowed for ongoing collaboration and services delivery in meeting the needs of our children and their families."
- Director of Social Services Daycare Setting
"The program has improved the quality of services. Patients have embraced the services, staff have been an integral part of the identification/referral process."
- Medical Director, Primary Care Clinic

WHAT PROFESSIONALS AND PARENTS ARE SAYING ABOUT OUR PROGRAM

CHILDREN AND FAMILIES SERVED
July 1, 2007-September 30, 2008
Children/Families Served:..................................................804
Children Screened (Ages and Stages SE):..............................506
Children with Positive Screen:...........................................142
Percentage of Children with Positive Screens:.....................28
Children Who Received Case Consultation or Treatment:......425
Case Consultation and Treatment Sessions:.........................2036
Case Consultation Sessions:.....1371
Treatment Sessions:....................665

ETHNICITY BREAKDOWN

New York Center for Child Development’s Collaborating Agencies in East and Central Harlem

Settlement Health
Pediatric Primary Care Clinic

Boys & Girls Harbor
Preschool/Daycare Centers

Cardinal McCluskey Services
Preventive Services